



Essex County Council

Essex County Council
Intelligence and Insight
EUG Zone 1 County Hall
Chelmsford
Essex CM1 1QH

Date: January 2018

Dear Parent/Carer,

School Health and Wellbeing Survey

We are seeking your support for the collection of data on the well-being of children and young people in Essex. Your child's school has agreed to take part in an important annual survey of children and young people (now in its tenth year) to obtain their attitudes and activities relating to:

- Healthy lifestyles
- Emotional health and well-being
- Bullying and safety
- Children's rights
- Recreational activities and volunteering

Pupils of secondary school age will, in addition to the above, be asked their views on relationships, smoking, alcohol and substance misuse. The survey will be carried out in your child's school between January and March 2018.

Each questionnaire is anonymous and we can assure you that all information collected is held in the strictest confidence.

The survey will again be undertaken on our behalf by the Schools' Health Education Unit (SHEU) which has over 20 years' experience in this area of work. School participation during 2017 resulted in over 12,000 pupils contributing their views. The results are helping schools, the Council and its partners to improve services received by children and young people in Essex.

If you would like to know more about the survey or view a summary report on last year's results please visit: <https://schools-secure.essex.gov.uk/data/SHEU/Pages/SHEUSurveySupportingTheWellbeingOfChildrenAnd.aspx>

Your child's school will have a copy of the questionnaire to view by appointment in the school office.

Please contact **Nicola Smith** (contact details below) if you would like to discuss any queries you may have.

We do hope you will support us in this important initiative and we will assume that you are supportive unless we or the school hear otherwise.

Yours sincerely

Clare Kershaw

Director for Commissioning: Education and Lifelong Learning

Please reply to: Nicola Smith Email: Nicola.smith4@essex.gov.uk
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